

Attn:
Dr. Don Van Ngo
MBBS, FRANZCR
Radiologist

Interventional Pain GC

Address:
Located inside WiSE
Specialist Clinic

94 Laver Drive, Robina,
4226

Telephone:
(07) 5613 2031

E-mail:
reception@ipgc.com.au

Treatments available for:

Back and Spine:

- Chronic back pain (cervical, thoracic or lumbosacral)
- Facet joint arthropathy
- Lower limb radiculopathy
- Sciatica
- Sacroiliac joint pain

Joint:

- Knee osteoarthritis
- Shoulder osteoarthritis
- Hip osteoarthritis
- Foot and Ankle osteoarthritis
- Wrist and Hand osteoarthritis
- TMJ osteoarthritis

Musculoskeletal and Sports:

- Subacromial bursitis
- Trochanteric bursitis
- Plantar faciitis
- Achilles tendonitis
- Carpal tunnel syndrome
- Trigger finger
- DeQuervain tenosynovitis
- Intermetatarsal bursitis/Morton neuroma
- Meralgia parasthetica
- Ilioinguinal entrapment
- Pudendal neuralgia
- Piriformis syndrome
- Nerve impingement symptoms
- Occipital neuralgia

Radiofrequency Ablation:

- Back and spine
- Knee, shoulder and hips
- Greater trochanteric pain syndrome
- Refractory plantar fasciitis

Platelet Rich Plasma

Hyaluronic Acid Injections

- Durolane®
- Euflexxa®

Advanced Intervention

- Deep organ biopsy
- Drainages

Our consults involve detailed analysis of diagnostic imaging, focused history and clinical examination.

This allows us to formulate a customised treatment plan to increase procedural success rates!

PATIENT DETAILS

Name:

Contact Number:

Date of Birth:

Address:

Medicare:

PROCEDURE REQUESTED

☐ Please tick if you require a consultation

CLINICAL DETAILS

REFERRER DETAILS

Name:

Contact details:

Provider number:

Send a copy to:

Signature:

Date:



To make an appointment scan the **QR code**, email **reception@ipgc.com.au**, or call **(07) 5613 2031**

My appointment details

Date:

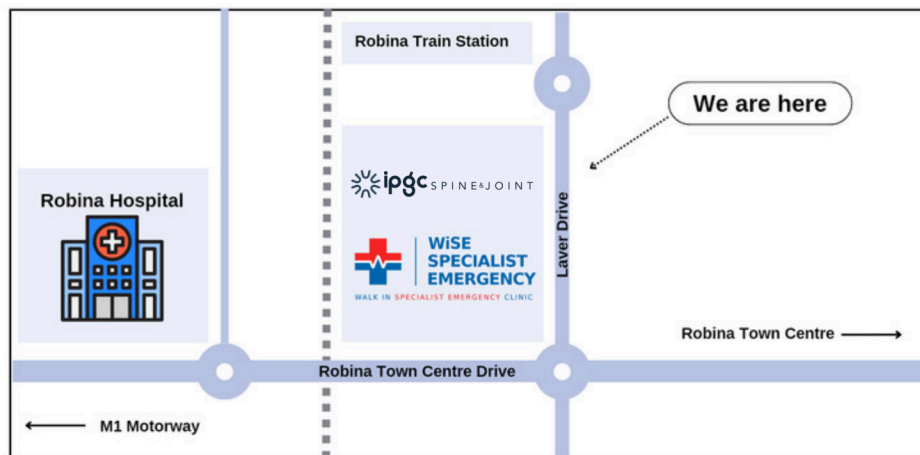
Time:

Special Instructions:

My Checklist

- ☐ Medicare card
- ☐ Arrive 15 minutes prior
- ☐ Withhold Aspirin or blood thinners (only if instructed to do so)
- ☐ Driver to take me home

Where to find us



We are located inside WISE Specialist centre, Acuity Business Park

Enter off Laver Drive.

Free parking is available on site.

Please check-in at the front desk upon arrival, you will then be directed to our specialist suite.

Please arrive 15 minutes prior to your appointment time.

Frequently asked questions

Q: What do I need to bring to my appointment?

A: Please bring along your medicare card, original referral (if this was provided to you) and any old imaging that you think may be relevant.

Q: How long will my procedure take?

A: The procedure itself will take anywhere from 10-15 minutes, however please allow a further 15-30 minutes for the check in process. Occasionally, the Doctor requires you to be observed for a period following your procedure.

Q: Can I drive home after my appointment?

A: If you are having a procedure, it is likely that you won't be able to drive home and will need to arrange for someone to drive you. This will have been discussed with you at the time of booking. If you are only having a consultation you will be able to drive yourself home.

Q: What are the out-of-pocket expenses for my procedure?

A: Out-of-pocket expenses (if any) will have been discussed with you at the time of booking. If you are unsure, please contact one of our friendly staff on 0413 519 891 and they will be able to advise you accordingly.

Q: Will my procedure hurt? Will I be put to sleep?

A: The vast majority of our procedures are performed using local anaesthetic and are tolerated very well. If you think that you may require sedation or are concerned about the procedure, please notify one of our friendly staff members at the time of booking and we will be come up with an appropriate plan for the procedure day.

Q: Will I meet the Specialist prior to the procedure? What if I have questions about my condition and my procedure?

A: Yes, you will certainly be able to meet the Specialist prior to having the procedure. At IPGC we pride ourselves on providing the best level of patient-centred care that you will find anywhere. If you would like to have a detailed discussion, please advise your referrer (either your GP or specialist) to request a 'consultation'.

Q: When will I be able to return to work or exercise?

A: The Specialist will give you specific return to work or exercise instructions. In general it is OK to return to work the same day (depending on occupation). As for exercise, the Specialist usually advises to refrain from heavy exercise for a period of 24 hours, you will then be able to 'ease' back into normal activities depending on the level of pain.

Q: How long will my procedure take to work? How long will it last? What if it does work?

A: As a general rule, if your procedure is going to work, you will start to notice effects within the first 12-24 hours. As to how long it will last is an answer that varies from person to person and is dependant upon many factors. Some people experience no relief at any point, some people never need to return again, on average we notice that patients may get 2-3 months of relief. Nevertheless, if you only get a few days or a few weeks, that provides us with invaluable information as to where the pain is coming from. If this is the case the Specialists about IPGC will be able to discuss next step options with you. If you get no relief at any point in time following the procedure this is also helpful to us, as it tells us the source of the pain is not where we have targetted and we should trial elsewhere.